

Youth Sports



Sport

Registration

| | |
|--------------------------------|-----------------------|
| Boy's Baseball | Jan 20—Feb 13, 2015 |
| Girl's Softball | Jan 20—Feb 13, 2015 |
| CoEd T-Ball | Jan 20—Feb 13, 2015 |
| CoEd Soccer | Aug. 3- Aug. 28, 2015 |
| Football | Aug. 3- Aug. 28, 2015 |
| Cheerleading | Aug. 3- Aug 28, 2015 |
| CoEd Basketball | Nov. 2—Nov. 27, 2015 |
| 10\$ Fee For Late Registration | |

Programs

Ballet

Instructor: Lynn T. Sims
Classes: MTWTh 3:30—8:00 p.m.
For more information, contact
Ms. Lynn at (256) 362-6616.

Bible Study

Wednesday 9:00 a.m.—10:00 a.m.
Thursday 6:30 p.m.—7:30 p.m.

Gymnastics

Instructor: Tanya Ingram
Location: Brecon Recreation Center
For more information, contact
(256) 404-3528

Piano Lessons

Instructor: Robin Thompson
Classes: Mon. & Tues.
For more information, contact
Ms. Thompson at (256) 362-9828.

Zumba

FREE Classes
Tues. & Thurs. 5:30—6:30 pm / Sat 9am

Hours of Operation:

Monday 6:00 a.m.—8:45 p.m.
Tuesday 6:00 a.m.—8:45 p.m.
Wednesday 6:00 a.m.—5:45 p.m.
Thursday 6:00 a.m.—8:45 p.m.
Friday 6:00 a.m.—5:45 p.m.
Saturday 9:00 a.m.—8:00 p.m.
Sunday CLOSED

Facilities:

Ben Bruner Sports Complex
600 Sun Valley Lane

Veterans Park

645 Spring Street

Bemiston Recreation Center
102 West Damon Ave

B. N. Mabra Center

309 Martin Luther King Drive

Amanda Bingham Park

950 Sims Circle

Jemison Park

809 South Street E

Harmon Park

150 Broom Street E

Pope Hill Park

509 McMillan Street E

Edith Sims Park

750 Knox Street

McMillan Park

926 Nimitz Ave

Westgate Park

605 Pearl St

Duncan Pinkston Park

315 Martin Luther King Jr. Drive N

City of Talladega

Parks

&

Recreation



**502 South Spring Street
Talladega, AL 35160**

Phone: (256) 362-0514

Aquatics

Spring Street Community center contains a 6 lane, 25 meter indoor heated swimming pool. Pool hours vary.

Motor City Swim League:

Contact Lisa Williams / 256-452-8720 or LWilliamswim@gmail.com

Special Olympics Swim Team:

Participants must be 8 or older and have an intellectual disability

Contact Brian Hutton / 256-362-0514

Youth and adult Swim Lessons:

Year-Around

Contact Brian Hutton / 256-362-0514

Aquatics Area Membership Info:

| | |
|----------------------|--------------|
| Open Swim 49 & Under | \$20 Monthly |
| _____ | \$120 Yearly |

| | |
|----------------|--------------|
| Open Swim 50 + | \$10 Monthly |
| _____ | \$90 Yearly |

| | |
|------------------|--------------|
| Family open Swim | \$35 Monthly |
| _____ | \$180 Yearly |

AM Water Aerobics

| | |
|------------------------|---------------------|
| <u>5 days per week</u> | <u>\$20 Monthly</u> |
|------------------------|---------------------|

PM Water Aerobics

| | |
|-----------------|--------------|
| 3 days per week | \$15 Monthly |
|-----------------|--------------|

Fitness Zone

We have a fully functioning fitness area in the Spring Street Recreation Center. Equipped with full body nautilus resistance equipment, free weight dumbbells, treadmills, ellipticals, stationary bicycles, a big screen TV, and several other amenities.



Fitness Zone Membership

Information:

| | |
|------------|--------------|
| Ages 14-59 | \$20 Monthly |
| _____ | \$180 Yearly |
| Ages 50 + | \$10 Monthly |
| _____ | \$120 Yearly |

Other

Memberships

| | |
|--------------------|--------------|
| Center Access 8-49 | \$15 Monthly |
| _____ | \$75 Yearly |

| | |
|--------------------|-------------|
| Center Access 50 + | \$5 Monthly |
| _____ | \$75 Yearly |

| | |
|----------------------|---------------|
| Center access Family | \$ 120 Yearly |
|----------------------|---------------|

Package

Memberships

| | |
|--------------------|--------------|
| Individual Package | \$25 Monthly |
| _____ | \$300 Yearly |
| Family Package | \$50 Monthly |
| _____ | \$400 Yearly |

*Excludes Water Aerobics

Senior Citizen

Activities

Two of our facilities feature thriving senior citizen programs. There are numerous daily senior activities at the Mabra Center, including many different games. Our Spring Street facility features several different activities for seniors, including:

Chair Aerobics:

Every Tuesday and Thursday, 9am—10am

Line Dancing:

Every Monday, 6pm—7pm

Water Aerobics:

Monday—Friday, 10am-11am

Mon, Tues, & Thurs 5:50pm- 6:30pm

Senior Trips:

Periodically, Contact Brian Hutton